



**PUT YOUR BEST
FOOT FORWARD.**

Comfort, stability and savings.



Falls Prevention Slipper Socks
Soft, Slip-Resistant Patient Footwear

A Growing Concern

SCOPE AND COSTS

Each year around one-third of adults at the age of 65 and older experience a fall. The possibility of falls increases with age and frailty.

Falling has a negative impact on quality of life, overall health and healthcare costs.

People at risk of falling could suffer from moderate to severe injuries, that could lead to the loss of autonomy, loss of consciousness, immobilisation and depression or even early death.

Injuries caused by falls represent a major public health problem that often requires medical assistance. Some of the most common reasons for hospitalisation are hip fracture, traumatic brain injuries and upper limb injuries.

Medical treatments of falls related injuries have a critical impact on costs.

MAIN RISK FACTORS

- Age related changes
- Chronic illness and medications
- Cognitive and emotional dysfunction
- Behavioral aspects
- Environment
- Inappropriate or missing footwear
- Postural instability, mobility and balance problems
- Falls history and similar

By identifying specific risk factors, appropriate interventions can be implemented to minimise the falls.



Make Patient Safety a Priority

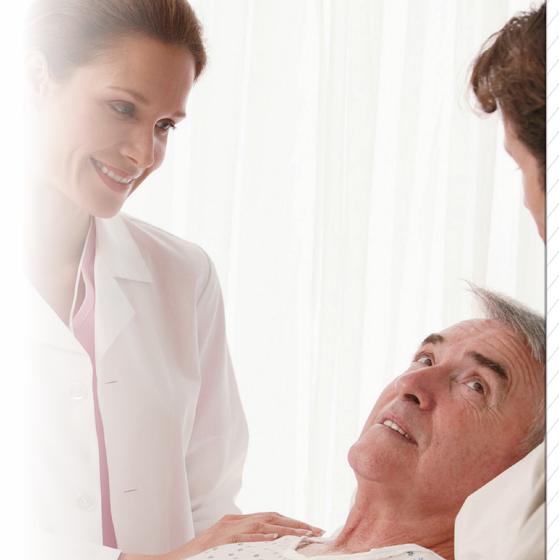
INCREASING AWARENESS OF FALLS PREVENTION PROGRAMS

Numerous studies and reports provided by the most recognised institutions, such as World Health Organization, European Hospital and Healthcare Federation, National Institute for Health and Care Excellence, and many more support and encourage implementation of falls management programs.

In most European countries, patient safety strategies are implemented at national, hospital and professional levels.

FOUR PILLARS OF FALLS MANAGEMENT

- Communication tools for patients
- Organisation and risk management
- Patient safety tools
- Education





MEDLINE
SLIPPER SOCKS.
LITTLE COMFORTS
ADD UP.

ULTRA TREAD SLIPPERS



Show patients that their
stability and comfort are paramount
with Medline
Ultra Tread Slipper Socks.



ANTI-SLIP SLIPPER SOCKS

A cosy way to stay safe!

Ensure your patients have a pleasant stay and are secure on the feet with our double-tread slipper socks.

With an innovative tread on the top and bottom, this slipper provides continuous grip for patients even if the slipper twists on the foot.

- ✓ **Fused to the Top and Bottom** - Soft slipper socks have treads that wrap entirely around the foot, ensuring non-stop grip no matter how much the sock twists or the foot rolls. Provide extra protection against falls.
- ✓ **Twice the Appeal** - Absorbent terrycloth interior helps keep feet dry and comfortable.
- ✓ **Generous Sizing** - Wide range of colour-coded sizes promotes easy identification; including a longer and wider bariatric size.



Item	UK Size	Colour	Packaging
MDTESGTRDT	Toddler (7 - 9)		48 pr/cs
MDTES4B01FPY	Child (10 - 11,5)		
MDTEDBTRDS	Small (12,5 - 1)		
MDTEDBTRDM MDTES4B03FPY	Medium (2 - 2,5)		
MDTEDBTRDL MDTES4B04FPY	Large (3,5 - 5)		
MDTEDBTRDXL MDTEFP218RXL MDTES4B05FPY	X-Large (5,5 - 9)		
MDTEDBTRDXXL MDTES4B06FPY	XX-Large (9,5 - 11)		
MDTEFP218R	One-size-Fits-Most		
MDTEDBTRDBA	Bariatric (>11)		



FALLS MANAGEMENT KITS

USE THIS KIT TO EASILY IDENTIFY PATIENTS THAT ARE AT RISK FOR FALLS.

Kits are available with:

- ✓ 1 pair of yellow double tread slipper socks
- ✓ 1 yellow blanket



Item	Colour	Packaging
MDTEFPKIT		20 Kits/cs

All Medline slippers are **latexfree** PRODUCT

SURE-GRIP® TERRY CLOTH SLIPPERS

Comfortable and Reusable

A more sustainable choice than disposable slippers, Sure-Grip Terrycloth Slippers are machine-washable. Gripping rubber help reduce the risk of slips and falls on slick floors.

- ✓ **Cosy Warmth** - Terrycloth sock upper feels soft and cosy, plus absorbs perspiration.
- ✓ **Maximum Stability** - Flexible rubber soles provide toe-to-heel traction, helping prevent slips and falls.
- ✓ **Attractively Sized** - Color-coded by size in subtle neutrals for easy identification by staff.



Item	UK Size	Colour	Packaging
MDT211220S	Small (2,5 - 3,5)		12 pr/cs
MDT211220M	Medium (4 - 6)		
MDT211220L	Large (6,5 - 8)		
MDT211220XL	X-Large (9 - 10,5)		

Best Practices

UNITED KINGDOM

The estimated annual cost of falls to the NHS and Social Care is around £2.3 billion¹.

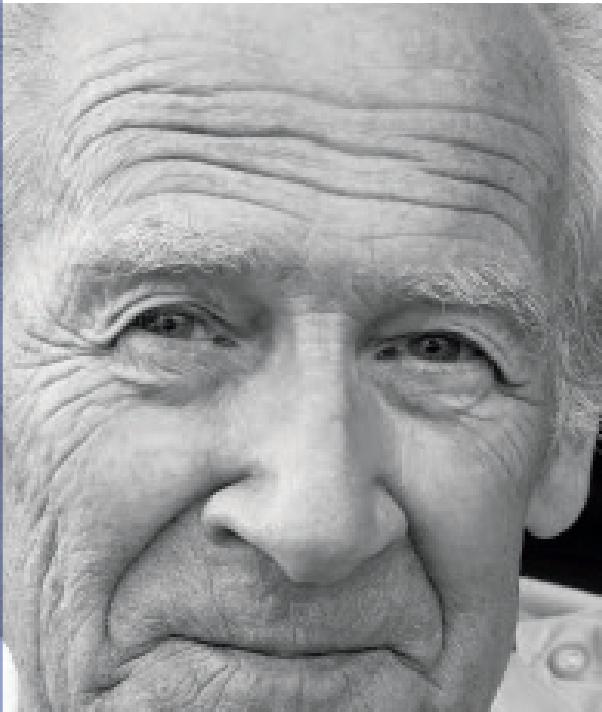
A holistic approach was implemented to minimise the cost and consequences of falls. As a result of this measure, there is a significant cooperation at all the levels based on the patient safety strategies that concern high standards and guidelines that hospitals need to implement and respect.

These strategies concern mainly the implementation of risk management instruments and tools as well as training and learning activities.

SWEDEN

Thanks to the Patient Safety Act, that was adopted in 2001, awareness of patient safety has increased. According to this measure, healthcare organisations must collaborate and involve patients in reducing the risk of falling.

It is also mandatory to provide annual results, which should be public and transparent, for open comparison.



FRANCE

One of the most important measures in France relates to national accreditation, programs for improvement, patient safety indicators, patient participation and education and many more.

At the hospital level, we may witness lots of improvements through prevention programs, vigilance systems and risk management tools.

¹ Falls: assessment and prevention of falls in older people*. NICE (National Institute for Health and Care Excellence). NICE clinical guideline 161, page 4, available on the Internet under www.nice.org.uk/guidance/cg161.

Best Practices

GERMANY

German hospitals have developed efficient tools for internal and external communication regarding falls. Patients get necessary information about potential risks of falling and its consequences via the internet, flyers or other promotional materials.

They also have the opportunity to provide their feedback directly to risk management.

On the other hand, hospital staff is properly trained thanks to the investment in training seminars and educational material that promote patient safety and enhance the quality of healthcare service.

By implementing such strategies, Germany has already developed a strong culture of patient safety at hospital level which brings more and more positive results.



SWITZERLAND

Switzerland has two associations highly involved in patient safety and quality measures in hospitals:

- National Association for Quality
- National Patient Safety Association

BELGIUM

Patient safety is a topic discussed at all levels in Belgium. Many hospitals have implemented a falls analysis system to help prevent falls. The system analyses the time, place and severity of the fall to develop targeted prevention plans.

Many hospitals have implemented risk management tools and even applied for the international accreditations (JCI-NIAZ).

Slipper Socks - Good Use

The following guidelines are recommendations. Clinical and professional patient assessment must be carried out and agreed in line with trust policy prior to patients wearing anti slip slipper socks.

Slipper socks should not be used as an alternative to well fitting footwear but may be used in the following circumstances:

1. If a patient does not have appropriate footwear on admission and does not have access from relatives/visitors and it is delaying/ preventing mobilisation or the patient does not have any footwear on admission.
2. If footwear cannot be applied .e.g. over dressing or oedematous feet.
3. Caution should be taken when applying slipper socks to the following patients:

- Patients who have lower limb vascular disease
- Patients who have lower limb compression dressings in situ (not TED stockings)
- Patients with lower limb edema.

IT IS ACCEPTABLE TO USE THE ANTI SLIP SLIPPER SOCKS IN THE FOLLOWING INSTANCES:

1. If the patient has anti embolism stockings in situ.
2. If the patient refuses to take off their socks when getting into bed and unlikely to apply footwear if they mobilise during the night
3. If the patient is non compliant with keeping footwear in place at all recommended times (e.g. due to patient confusion/agitation) and the patient being barefoot/ or wearing conventional socks puts them at a greater falls risk.





FOOT HYGIENE AND HEEL CHECKS

1. Remove slipper socks at regular times (dependant on patients clinical status) to review foot health and foot hygiene and perform pressure area checks.
2. Remove slipper socks when patients are asked to perform exercise while in bed to avoid friction.
3. Slipper socks are single item use and should be changed at regular intervals in accordance with patient's foot health/ hygiene i.e. daily.
4. Slipper socks should be changed more frequently if patients have excessive foot perspiration or fungal infections etc.
5. Slipper socks should be changed and disposed off once soiled or wet.
6. Use new slipper socks to go in bed
7. Washing is not recommended.

SLIPPER SOCKS SIZING AND FIT

1. The tread on the foot bed should cover the entire sole of the foot and sit as closely as possible to the back of the heel.
2. The socks should fit securely to limit movement of the socks on the foot and to prevent friction occurring.
3. The socks should cover the ankle or above the ankle to prevent the socks from slipping off.
4. The band should hold the socks in position and should not be too tight or too slack.



Looking for more information?

Where can I find more information about Falls Prevention?

For more information on patient safety we recommend:

- Patient Safety in Practice, HOPE, Dec/2013
- WHO Global Report on Falls Prevention in Older Age, WHO, 2007
- NICE Clinical Guide 161, Jun/2013 (Falls: assessment and prevention of falls in older people)
- Prevention of Accidental Falls in Older People, La Haute Autorité de Santé (HAS) – November, 2005
- Falls Prevention in Older People at Home, L'institut national de prévention et d'éducation pour la santé (INPES) - May, 2015

- NSW Falls Prevention Network
- European Public Health
- Association, EUPHA CORDIS Project "ProFound", Prevention of Falls Network for Dissemination

Please visit

medline.link/ukfalls

for additional information on falls prevention and your products.



Our recommendation



SIMPLE SOLUTIONS, MORE SAFETY

SLIPPER SOCKS

- Low risk - Single tread socks
- Medium risk - Double tread socks
- High risk - Rubber soled socks



Medline falls prevention slipper socks are colour-coded for easy size identification.

FALLS PREVENTION KITS

The falls prevention kits create a simple and quick communication to all staff that there is a fall risk.



Our products help healthcare workers to easily identify those patients at risk of falling and to keep them safe during their stay in hospital.



DON'T FORGET:
OR SLIPPERS for hospital
 staff



Item	Size	Packaging
MDTE211218OR	Universal	48 pr/cs
MDTE211218ECO	Universal	200 pr/cs



Choose from Medline's full range of slipper socks to help prevent falls in your facility.



ALWAYS
ON

Medline Industries Ltd
 No 5 Booths Park Chelford Road
 Knutsford, Cheshire WA16 8GS
 England
 Tel: +44 844 334 5237
 Fax: +44 844 334 5238
www.medline.com/uk
uk-customerservice@medline.com