



Slipper Socks Pocket Guide



**STAND
FIRM**

Falls Intervention
& Risk Management

Name: _____

STAND FIRM

Preventing falls is everyone's responsibility. Medline's Stand FIRM programme aims to provide patients and their families, as well as caregivers like you, with practical tools to help fight falls in the hospital. This pocket guide outlines our recommendations and precautions for using Medline slipper socks.

Remember, each patient has a unique falls risk. Don't rely on just one universal falls intervention!



TABLE OF CONTENTS

| | |
|----------------------------|---|
| Slipper Socks from Medline | 3 |
| Indications for Use | 4 |
| Correct Fitting | 5 |
| Foot Checks | 6 |
| Precautions | 6 |
| Notes | 7 |

SLIPPER SOCKS FROM MEDLINE

Medline slipper socks are tubular in design and free of side seams, meaning there are no additional pressure points. The light cotton fabric allows the skin to breathe, dispersing moisture whilst providing comfort to patients, keeping their feet warm without causing overheating.

The slipper socks are easy to put on and are available in a range of sizes designed to fit most anatomical foot shapes.



The double tread ensures the anti-slip surface is always in contact with the floor, no matter which way the sock is put on.

INDICATIONS FOR USE

Use slipper socks when:

- The patient has no footwear.
- The patient has unsuitable footwear.
- The patient's footwear no longer fits due to changes in his or her condition.
- The patient's footwear is painful to apply and/or painful to wear.

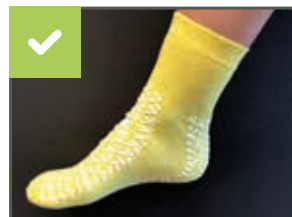
Medline slipper socks are suitable to be worn by patients who:

- Have anti-embolism stockings
- Refuse to take off their socks when getting into bed and are unlikely to apply footwear when mobilising during the night
- Are non-compliant with keeping footwear in place at all recommended times (e.g. due to confusion/agitation)
- Are at a greater falls risk if barefoot or wearing conventional socks.

Remember to remove Medline slipper socks when patients exercise in bed in order to avoid friction.

CORRECT FITTING

The soft cuff of the slipper sock holds it in position, preventing the sock from slipping down. The cuff must sit just above the ankle bone and the tread must extend past the heel.



The fit must be close enough to hold the slipper sock in position in order to minimise unnecessary movement that could cause friction. However, the sock must not compress the foot as this may impede circulation.

Reassess sizing at regular intervals as the patient may require different sizes during their stay.

In particular, assess the feet preoperatively and post-operatively, following treatment interventions that may affect oedema.

FOOT CHECKS

Medline slipper socks are items for single-patient use and should be replaced at regular intervals in line with local policy. Remove the slipper socks to assess:

- Pressure points
- Skin health
- Circulation/ABPI
- Wound dressings
- Foot hygiene.



PRECAUTIONS

If the patient has any of the following conditions, please speak with the appropriate clinical specialist before fitting the slipper socks:

- Shuffling, unstable or otherwise inappropriate gait
- Peripheral arterial disease
- Diabetes
- Non-healing wounds (chronic or acute) on the legs or feet
- Unexplained leg pain
- Upcoming procedures on the leg or foot
- Compression hosiery.

NOTES

“

Safety and quality of care for patients is everyone's responsibility and everyone's duty.

'I cannot promise that you can prevent falls, but I can promise you there is always one more thing you can add to your falls prevention approach.'

-Dr Healey for the Monash Falls Prevention Conference 2014

”

For more information on the Stand FIRM programme, please visit: www.medline.eu/uk/standfirm



**ALWAYS
ON.**

Medline Industries Ltd
3rd Floor
Quayside Wilderspool Business Park
Greenalls Avenue
Warrington WA4 6HL
United Kingdom
Tel.: +44 844 334 5237
Fax: +44 844 334 5238

www.medline.eu/uk
uk-customerservice@medline.com