Perineal Instant Cold Pack

For comfort and pain relief



Did you know?

A majority of women suffer from perineal trauma during normal vaginal delivery. Up to nine in every 10 first-time mothers who give birth vaginally will experience some sort of tear, graze or episiotomy. Perineal trauma is largely associated with pain and complications after the childbirth.¹

How are we responding to this?

Medline's Perineal Instant Cold Pack helps soothe soreness and reduce swelling after labour or surgery. This product can be applied directly to the perineal area to provide maximum cold comfort.

Key benefits and features

- Provides extra absorbency via long front-to-back area
- $\cdot\;$ Easy to apply and remove
- Adhesive strip to ensure secure placement
- · Intended for single-use





Ordering information

Reference	Description	Dimension	Pack component number
CPACKP	Perineal ice pack	11.4 x 36.2 cm (4.5 x 14.5 in)	24

Best practice tip Applying this pack for

less than 20 minutes at a time helps prevent nerve, tissue and skin damage.



For more information, scan the QR code, contact your Medline account manager or visit our website at www.medline.eu/uk

 $\label{eq:linear} $$ $ https://www.rcog.org.uk/for-the-public/perineal-tears-and-episiotomies-in-childbirth/perineal-tears-during-$

This product is a class lla non-sterile medical device intended to be used by healthcare professionals. Before use, consult instructions and precautions on the corresponding labelling.

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