



## HEEL RAISER® PRO

Effective Protection against Pressure Ulcers

# WHAT IS THE HEEL RAISER PRO?

The Heel Raiser Pro is a boot for the foot and heel that is made of breathable fabric and coated with Ultra-Fresh treatment to help inhibit the growth of odour-causing bacteria. It is used for patients who cannot get up and walk around and are at risk for developing pressure ulcers.

## What is a pressure ulcer?

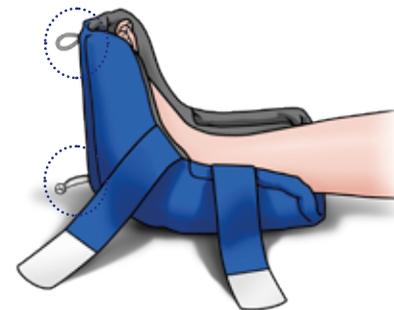
Pressure ulcers, sometimes called 'bed sores', can develop when a person stays in any one position for a long period of time. This immobility reduces the blood flow to the area, causing the skin to die. Pressure ulcers start inside the body and eventually present themselves on the skin's surface. They range from reddish-coloured marks to very serious open wounds and can occur anywhere where constant pressure is present.

## How can the Heel Raiser Pro help?

The Heel Raiser Pro lifts the heel from the bed, relieving this constant pressure, and also helps keep the foot in its natural flexed position. It is clinically proven to completely offload pressure from this vulnerable area, which helps prevent pressure ulcers from forming.

# HOW IS THE HEEL RAISER PRO APPLIED?

**1** Open all of the straps and place the heel in the hole, placing the back of the leg in the long end of the boot. Please be sure that the side with the loop and toggle is below the sole of the foot.



**2** Secure the straps across the lower shin tightly enough to hold the boot in place but without touching the patient's skin.



**3** Make sure that two fingers can fit between the strap and the patient's skin, and that the heel is elevated and not touching the mattress or any part of the boot.



**4 Optional:** Fold down the top for smaller feet or for providing more airflow to the toes.



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If using a DVT compression device, carefully place the tubing between the top two straps without letting it touch the patient's skin.

**NOTE: Do not place the tubing through the heel hole.**



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**Cleaning:** The Heel Raiser Pro is machine washable and comes with a mesh laundry bag. Secure the loop-and-toggle closure and place the boot in the mesh laundry bag for washing. For quick clean-up, wipe with a damp cloth.

**NOTE: The Heel Raiser Pro is for single-patient use only.**



# HEEL RAISER PRO ORDERING INFORMATION

| Item No.     | Size     | Packaging    | Min. Order Qty |
|--------------|----------|--------------|----------------|
| MDTE823200CS | One size | 4 boots/case | 1 case         |



**ALWAYS  
ON.**

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Heel Raiser Pro is a class I non-steriled medical device intended to be used under the supervision of healthcare professionals. Before use, consult instructions and precautions on the corresponding labeling.



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