

Braden Scale: For Predicting Pressure Ulcer Risk

Date: _____

Severe risk: Total score ≤ 9







High risk: Total score 10 – 12

Patient's name: _____

Moderate risk: Total score 13 – 14

Mild risk: Total score 15 – 18

Professional: _____

| Risk factor | Description | | | | Score |
|--|---|--|--|---|-----------------|
| Sensory perception Ability to respond meaningfully to pressure-related discomfort  | 1. Completely limited Unresponsive (does not moan, flinch or gasp) to painful stimuli due to diminished level of consciousness or sedation, OR limited ability to feel pain over most of the body's surface. | 2. Very limited Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness, OR has a sensory impairment that limits the ability to feel pain or discomfort over 1/2 of body. | 3. Slightly limited Responds to verbal commands but cannot always communicate discomfort or the need to be turned, OR has some sensory impairment that limits the ability to feel pain or discomfort in 1 or 2 extremities. | 4. No impairment Responds to verbal commands. Has no sensory deficit that would limit the ability to feel or voice pain or discomfort. | _____ 1 – 4 |
| Moisture Degree to which skin is exposed to moisture  | 1. Constantly moist Skin is kept moist almost constantly by perspiration, urine etc. Dampness is detected every time the patient is moved or turned. | 2. Often moist Skin is often, but not always, moist. Linen must be changed at least once per shift. | 3. Occasionally moist Skin is occasionally moist, requiring an extra linen change approximately once per day. | 4. Rarely moist Skin is usually dry; linen only requires changing at routine intervals. | _____ 1 – 4 |
| Activity Degree of physical activity  | 1. Bedfast Confined to the bed. | 2. Chairfast Ability to walk is severely limited or non-existent. Cannot bear own weight and/or must be assisted into a chair or wheelchair. | 3. Walks occasionally Walks occasionally during the day, but for very short distances, with or without assistance. Spends the majority of each shift in the bed or chair. | 4. Walks frequently Walks outside the room at least twice per day and inside the room at least once every 2 hours during waking hours. | _____ 1 – 4 |
| Mobility Ability to change and control body position  | 1. Completely immobile Does not make even slight changes in body or extremity position without assistance. | 2. Very limited Makes occasional slight changes in body or extremity position, but is unable to make frequent or significant changes independently. | 3. Slightly limited Makes frequent, though slight, changes in body or extremity position independently. | 4. No limitations Makes major and frequent changes in position without assistance. | _____ 1 – 4 |
| Nutrition Usual food intake pattern ¹ NPO: Nothing by mouth ² IV: Intravenously ³ TPN: Total parenteral nutrition  | 1. Very poor Never eats a complete meal. Rarely eats more than 1/3 of any food offered. Eats 2 servings or less of protein (meat or dairy products) per day. Takes fluids poorly. Does not take a liquid dietary supplement, OR is NPO ¹ and/or maintained on clear liquids or IV ² for more than 5 days. | 2. Probably inadequate Rarely eats a complete meal and generally eats only about 1/2 of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement OR receives less than an optimal amount of a liquid diet or tube feeding. | 3. Adequate Eats over 1/2 of most meals. Eats a total of 4 servings of protein (meat, dairy products) each day. Occasionally refuses a meal, but will usually take a supplement if offered, OR is on a tube-feeding or TPN ³ regimen, which probably meets most of the nutritional needs. | 4. Excellent Eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation. | _____ 1 – 4 |
| Friction and shear  | 1. Problem Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in the bed or chair, requiring frequent repositioning with maximum assistance. Spasticity, contractures or agitation leads to almost constant friction. | 2. Potential problem Moves feebly or requires minimum assistance. During a move, skin probably slides to some extent against sheets, chair, restraints or other devices. Maintains relatively good position in the chair or bed most of the time, but occasionally slides down. | 3. No apparent problem Moves in the bed and chair independently and has sufficient muscle strength to lift up completely during the move. Maintains good position in the bed or chair at all times. | - | _____ 1 – 4 |
| Total score | A total score of 12 or less represents HIGH RISK | | | | _____ 1 – 23 |





**Total score of 9 or less:
Severe risk**

Product recommendation for moisture management:

Medline **Ultrasorbs[®] Advanced⁺**

- High to very high absorbency
- Breathable
- **Lifting capacity: 150 – 170 kg**
- Operating theatre table covers for surgery
- Polytrauma/neurology
- ECMO

| Item number | Fluid capacity |
|--------------|----------------|
| USAPE6191ES | 1,900 ml |
| USAP4090ES | 5,000 ml |
| EXTRASRBE150 | 5,300 ml |



**Total score of 10 – 12:
High risk**

**Total score of 13 – 14:
Moderate risk**

Product recommendation for moisture management:

Medline **Ultrasorbs[®] Advanced**

- Low to very high absorbency
- Breathable
- Sterile versions in 3 sizes
- MASD control for low- to high-complexity situations
- Standardise MASD protocols with ULTRASRBE6191
- Full bed coverage with MSCE4090PUPS/B

| Item number | Fluid capacity |
|---------------|----------------|
| ULTRASRBE2540 | 300 ml |
| ULTRASRBE4561 | 900 ml |
| ULTRASRBE6191 | 1,900 ml |
| MSCE4090PUPS | 3,900 ml |
| MSCE4090PUPSB | 3,900 ml |



**Total score of 15 – 18:
Mild risk**

Product recommendation for moisture management:

Medline **Ultrasorbs[®]**

- Medium absorbency
- Breathable
- Standard ICU patient
- Incontinent patient
- Maternity
- Bedridden/wheelchair patient

| Item number | Fluid capacity |
|---------------|----------------|
| EXTRASRBE6090 | 1,500 ml |
| EXTRASRBE7590 | 1,900 ml |